



Breakfast Club

Formally adopted by the Governing Board of:-	Fairstead Community Primary and Nursery School
Date:	22nd Nov 2021
Date of next review:-	See policy review list

Aims

- To offer a safe, secure and friendly environment in which children can enjoy a nutritious breakfast under the supervision of School staff.
- In accordance with the School's healthy eating ethos to provide a nutritious breakfast served in a relaxed and supervised environment.
- To enhance the community spirit embraced by our School and contribute towards the extended school role.

Opening Times

The Breakfast Club will open during term time every morning Monday to Friday from: 8 – 8:35 a.m. (Breakfast served from 8 – 8:20)

Breakfast includes cereal, toast, fruit and juice and activities for children, once they have eaten, will be offered. Children will be escorted to their classrooms at the end of each session.

Staff

There are currently 2 members of School Staff employed to supervise Breakfast Club.

All staff have had appropriate training and hold current Food Hygiene certificates.

The ratio of staff to children is in line with Government recommendations.

The Headteacher will keep a list of all members of the Breakfast Club and a register of attendance will be taken daily.

Fees and Payment

Breakfast Club is offered to pupils during term time only. The cost is £5 per child per week (£1 daily) and payment is to be paid either in advance or on the day.

Non payment will deem a child not eligible to attend.

These fees will be reviewed January annually

Allocation of Places

Parents must complete a 'Breakfast Club Application' form and return to the school office. Places when available will be allocated using the following criteria

- Children who have siblings already attending Breakfast Club
- Children of working parents
- Children on the waiting list

Policies and Procedures

School policies relevant to the Breakfast Club include: Health and Safety; Food and Behaviour.

Parental/Pupil Feedback

The School values parental and pupil opinions and welcomes feedback on how the Club is run.

Complaints procedure

In line with School policy the Headteacher should be informed of any concerns, in the first instance.

Guidelines for Children, written specifically for the pupils attending.

We need to have rules at Breakfast Club to keep everyone safe, healthy and happy.

You will be expected to follow these rules

- Follow adult instructions at once
- Be polite to everyone
- Respect other people's property
- Keep our hands and feet to ourselves
- Behave in a calm and quiet manner
- Do not leave the Breakfast Club room once you have been signed in unless an adult gives you permission.
- If you are not happy, or if you have a problem, please tell an adult who will be happy to help you.

If you have difficulty following these rules then you may be asked to leave the club.

Guidelines for Parents/Carers

Please pay Club fees promptly. If you have a problem paying the fees or your circumstances change, please talk to the senior member of staff.

All matters will be dealt with as quickly as possible and with discretion.

In the unlikely event of us having difficulty with your child's behaviour we will contact you. If your child does not follow the rules of the Club, then after consultation with you and due warning, the child's place will be forfeited.

Please do not send your child earlier than 8am.

Breakfast club nutritional guidelines

Following a review of the breakfast club by our children a checklist for school food other than lunch is completed and checked throughout the year.

The following guidelines from the school food in England guidance March 2019 Dfe are followed:

A healthier breakfast should provide a good variety and balance of foods. To provide a healthier breakfast, we will include each of the following every day:

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| <ul style="list-style-type: none">• a good portion of starchy food, eg low sugar, high fibre breakfast cereals, bread, toast, pancakes or bagels;• plenty of fruit and vegetable choices, eg unsweetened orange juice, fruit (fresh, canned or dried), cooked tomatoes or baked beans; | <ul style="list-style-type: none">• a portion of milk or dairy food, eg semi-skimmed milk on cereals or a low-fat yoghurt;• a choice of drinks, eg water, unsweetened fruit juice, semi-skimmed milk. |
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One of the great things about a breakfast club is that it can encourage pupils to eat a wide variety of food by providing a different selection of foods each day, as well as limiting how often certain foods are offered. For example:

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| <ul style="list-style-type: none">• offer a variety of fruit and vegetables each day, eg fruit pots, fresh fruit and juice;• use a variety of breads for toast and toasties, including wholegrain, pancakes, soda, wheaten and potato bread;• offer porridge when the weather is cold; | <ul style="list-style-type: none">• provide different toppings for toast and bread, eg low-fat spread, low-fat cheese spread, bananas, cooked tomatoes or beans;• offer hot food for variety, eg mushrooms, tomatoes, baked beans, poached, scrambled or boiled egg. |
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