

Easter Holiday Activities

4 - 19 April 2022

Lynnsport, St James Pool, Downham Leisure & Oasis

Holiday Clubs, Big Norfolk Holiday Fun, Trampolining, Gymnastics, Roller Skating, Swimming and loads more!

Booking is advisable for all activities at: alivewestnorfolk.co.uk



Tel: 01553 818001 f Alive Lynnsport @Lynnsport

Alive Lynnsport, Greenpark Avenue,

King's Lynn, Norfolk PE30 2NB

Holiday Clubs

(5–14 years)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone. Standard £27.50

Alive Card £21.50

Concession
Alive Card
£15.50

With all Holiday Clubs, breakfast is included with cereal and juice served between 8am – 9am.

Lunch is not provided so please bring a packed lunch. Alternatively food can be purchased on site.

Multisport Holiday Clubs

Monday 4 - Tuesday 19 April*
8am-3pm (5-14 years)

Activities will vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football, badminton and many more.

Football Holiday Club

Wednesday 6 & Wednesday 13 April 8am-3pm (5-14 years)

This football fun day will include lots of skills, drills, games and competitions.

* Excluding bank holidays



Gymnastics Holiday Club

Thursday 7 April 8am-3pm (5-14 years)

Budding gymnasts will love this fun day of gymnastics activities including skills, fun on the equipment and lots of games.



Alive Lynnsport Activities

Tuesday 5 Apr	il		Standard	Alive Card	Concession Alive Card
10:45am=11:45am	Junior Gymnastics	5-14 yrs	£4.50	£3.45	£2.90
2pm-3pm	Junior Trampolining	5–8 yrs	£4.50	£3.45	£2.90
3pm-4pm	Junior Trampolining	9–12 yrs	£4.50	£3.45	£2.90
Friday 8 April					
2pm-3pm	Roller Skating*	5–14 yrs	£4.50	£3.45	£2.90
Tuesday 12 Ap	oril				
10:45am-11:45am	Junior Gymnastics	5-14 yrs	£4.50	£3.45	£2.90
2pm-3pm	Junior Trampolining	5-8 yrs	£4.50	£3.45	£2.90
3pm-4pm	Junior Trampolining	9–12 yrs	£4.50	£3.45	£2.90
Thursday 14 A	pril				
10:45am-11:45am	Pre-school Gymnastics	3-5 yrs	£4.50	£3.45	£2.90
3pm-4pm	Gymnastics Warriors	5–14 yrs	£4.50	£3.45	£2.90
Tuesday 19 Ap	oril				
10:45am-11:45am	Junior Gymnastics	5-14 yrs	£4.50	£3.45	£2.90
2pm-3pm	Junior Trampolining	5-8 yrs	£4.50	£3.45	£2.90
3pm-4pm	Junior Trampolining	9–12 yrs	£4.50	£3.45	£2.90

^{*}Please bring your own skates and protective gear, a limited number of skates are available to hire.



Swimming Crash Courses

st james pool

Monday 4 - Friday 8 April		Standard	Alive Card	Concession Alive Card
8:30am-9am	Level 1	£27.50	£23.75	£17.25
9am-9:30am	Level 2	£27.50	£23.75	£17.25
9:30am-10am	Level 3 Booster	£27.50	£23.75	£17.25
10am-10:30am	Level 4 Booster	£27.50	£23.75	£17.25
Monday 11 - T 8:30am-9am	hursday 14 April	£22	£19	£13.80
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9am-9:30am	Level 2	£22	£19	£13.80
9:30am-10am	Level 3 Booster	£22	£19	£13.80
10am-10:30am	Level 4 Booster	£22	£19	£13.80
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For ages 4+ yrs

Level 1 - This lesson builds water confidence through play and introduces basic stroke technique, progressing to a stage where children are water confident.

Level 2 - This lesson develops children's confidence so that they are able to swim with basic technique without floats and armbands.

Level 3 & Level 4 Booster – Booster classes are ideal to assist children's progression within these stages to practice the more challenging criteria of this grade.



Holiday Clubs

(5-14 years)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone.

Lunch is not provided, so please bring a packed lunch including a drink.



Multisport Holiday Clubs

Monday 4, Tuesday 5, Thursday 7 & Friday 8 April

Monday 11, Tuesday 12 & Thursday 14 April

Tuesday 19 April

9am-3pm (5-14 years)

Activities will vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football, badminton and many more.

Standard £22.50

Alive Card £17.50

Concession **Alive Card** £12.50

Alive Downham Leisureactivities

Wednesday 6 April 2022

12:30pm-1:30pm	Junior Fitness	8-14 yrs	£4.50	£3.45	£2.90
1:30pm-2:30pm	Roller Skating	5-14 yrs	£4.50	£3.45	£2.90

Wednesday 13 April 2022

12:30pm-1:30pm	Junior Fitness	8-14 yrs	£4.50	£3.45	£2.90
1:30pm-2:30pm	Roller Skating	5-14 yrs	£4.50	£3.45	£2.90

Please bring your own skates and protective gear, a limited number of skates are available to hire.

Swimming Crash Courses

Monday 4 - Friday 8 April 2022

9am-9:30am	Level 1	£27.50	£23.75	£17.25
9:30am-10am	Level 2	£27.50	£23.75	£17.25

Monday 11 - Thursday 14 April 2022

9am-9:30am	Level 1	£22	£19	£13.80
9:30am-10am	Level 2	£22	£19	£13.80

For ages 4 1/2+ yrs

Level 1 - This lesson builds water confidence through play and introduces basic stroke technique, progressing to a stage where children are water confident.

Level 2 - This lesson develops children's confidence so that they are able to swim with basic technique without floats and armbands.





Tel: 01485 534227 Alive Oasis HunstantonOasis

Alive Oasis, Central Promenade,

Hunstanton, Norfolk PE36 5BD

Holiday Clubs

(5-14 years)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone. Standard £22.50

Alive Card £17.50

Concession Alive Card £12.50



Based at Smithdon High School

Monday 4 – Friday 8 April 2022 Monday 11 – Thursday 14 April 2022

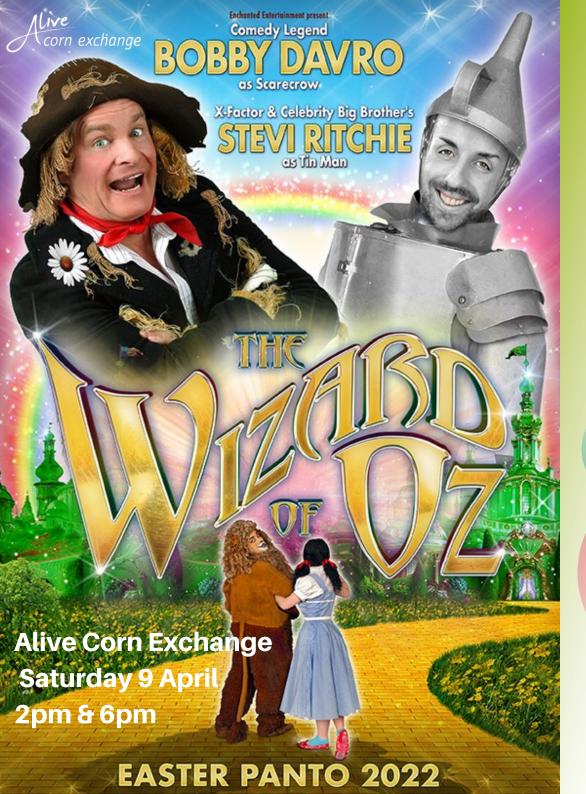
9am-3pm (5-14 years)

Activities will vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

Lunch is not provided, so please bring a packed lunch including a drink.

Prices are per day and booking is essential.





Big folk Northoliday Fun

Alive is part of the Norfolk County Council Big Norfolk
Holiday Fun programme providing free places to
families eligible for means tested free school meals.

Free session, Free meal!

If you are eligible, your school will provide you with a code. Once you have received this code simply visit alivewestnorfolk.co.uk/activities/holiday-activities/to book your child's free place.

Activities will vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

4-14 April 9am-1pm and 12pm-4pm

Alive Lynnsport, Alive Downham Market Academy and Smithdon High School in Hunstanton

Ages 5–14 yrs

Participants will need sports kit and trainers, and a drink. Please ensure children come prepared for weather conditions, and have sun cream and a sun hat if the weather is hot.

Booking is essential for all activities alivewestnorfolk.co.uk

All information correct at time of print and may be subject to change



Boats, Baking and Battleships

at Stories of Lynn this Easter

45 min sessions at 10am, 11am, 12.30pm, 1.30pm and 2.30pm.

Up to 4 children in a family bubble, pre-booked through Stories Reception*



Mondays (4 & 11 April)

Battleships

Make and take home your own battleship game.



Help the Hanse boat builders decorate their boats.



Wednesdays (6 & 13 April)

Baking fun

Make and take home your own mini Easter nests.

Sessions are £3.95 per child (museum admission included), and £1.95 for Concession Alive Card holders.

Sessions must be booked and paid for in advance by calling 01553 774297.

storiesoflynn.co.uk











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